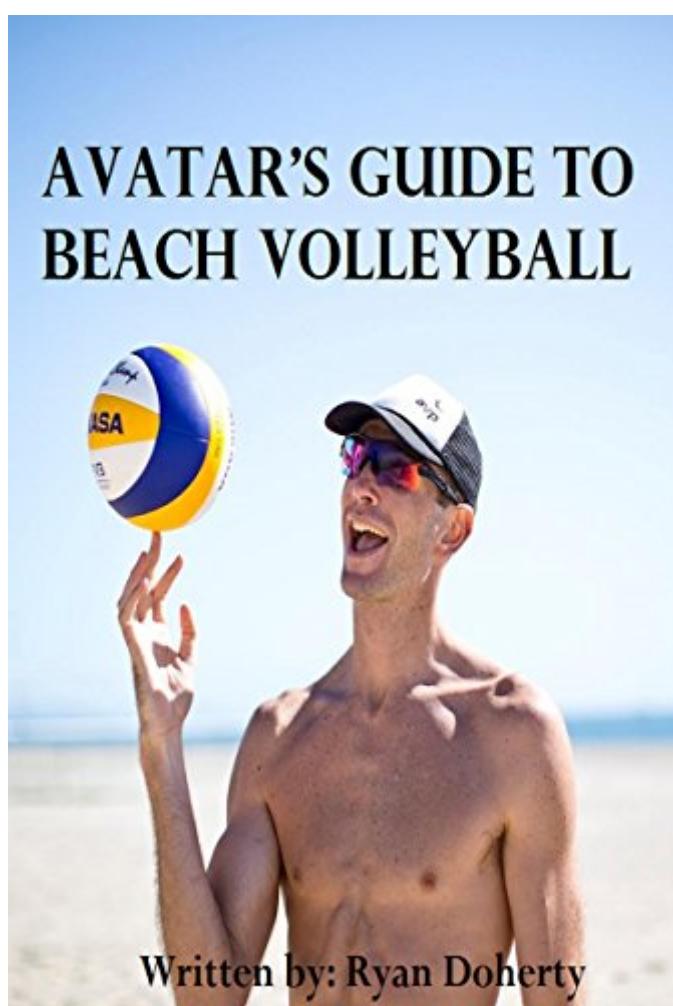


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# Avatar's Guide To Beach Volleyball: Everything You Need To Know About The Sport From The Only Professional Player That Writes



## Synopsis

"So I wrote an entire book, and now I have to write a description of that book? Geez, this is starting to feel like homework." -Ryan Doherty, aka "Avatar" Beach volleyball is a fun and exciting sport, and the players that make up the beach volleyball community are some of the most interesting people you will ever meet. In this book, professional player (and jokester) Ryan Doherty gives his insight on everything you could ever want to know about the greatest game on sand. From rules and equipment to the skills necessary to play, "Avatar" breaks it all down into an amusing and insightful read that is sure to put a smile on your face. Whether you are a novice or have your AAA, all volleyball players and fans will be able to deepen their appreciation for the sport (and the players in it) with this book.(How was that as a description? All the other e-books on Kindle have corny nonsense like "amusing and insightful read that is sure to put a smile on your face", so I figured it was mandatory or something. Personally, I think that cliche stuff is worth it if I get to talk in the third person and refer to myself as a "jokester")In all honesty-My name is Ryan Doherty, and I'm a professional beach volleyball player. I have had so much fun playing this game, traveling the world, and connecting with fans that I have decided to write a book. This is my attempt at a comprehensive "one-stop shop" for everything the world of beach volleyball has to offer. My aim was to make this book as accessible as possible to a variety of readers, with things for absolute beginners (rules, fundamentals and techniques involved in the game as well as ways to practice them, description of different tournaments, tours, and skill levels) to experts (different ideas for moving with your partner on offense and defense, ways to think about structuring a workout routine, traveling to tournaments that are out of state or in a different country) to people who would prefer to simply watch (volleyball vocabulary, bios and resources for some of the great current players, a bucket-list of tournaments you should see, my overall quick wit and charm). There are even chapters on collegiate sand volleyball, finding sponsors, and things to look for in a coach for those readers looking to take their game to the next level, as well as a chapter dedicated to flirting with other volleyball players. (For those of you working on a different type of game)I tried to keep everything in this book fun and lighthearted, because that is the best way to approach the sport of beach volleyball. I hope you enjoy reading about this great game, I hope it helps you to be a better volleyball player and fan, and I hope to see you out on the sand someday.

## Book Information

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## **Customer Reviews**

I've actually read this book a second time and enjoyed it both times. If you're looking for advice from a 7 foot tall author currently playing on the AVP and FIVB tours, well this is your only choice so you might as well buy the book. It's a good read, actually quite funny, and for someone looking to get involved in beach volleyball, you'll get some good info on playing tips, rules, leagues to play in, etc... Don't expect a textbook, Ryan has a way of explaining something, then cracking a joke, so it's a fun book and doesn't get boring. He put some awesome court diagrams in the book which really up the wow factor, I didn't realize he had that kind of graphic design skills. Buy the book, I think you'll enjoy it.

As a volleyball coach, it was unquestionably useful from a strategic point of view and is definitely abundantly informative for novices looking to learn the game of volleyball. But more than that, Doherty did an outstanding job carrying the book with wit and at times - hilarity. Every page had me laughing to some degree which made the book light and easy to read. Additionally, the behind the scenes of the professional volleyball world including discussions on various Olympians made the read truly fun. A must read for anyone who plays volleyball or is interested in the sport!

YOU: You're a volleydork. You eat, sleep, and breathe volleyball. You're hibernating in your

cocoon since the FIVB/AVP/NVL schedules have finished. You spend your days trolling on [volleytalk.com](http://volleytalk.com), and wait with baited breath for every podcast of "The Net Live". If that's you, you'll love this book, it's a behind the scenes look at how one player lives, trains, and competes on the tour. YOU: You're a wannabe fan. Some attractive guy/girl dragged you to the Manhattan Beach Open, and you're intrigued by the athleticism, allure, and drama of the game. You'll love the book because it covers all the basics you need to understand this addicting game and get a real life. YOU: You have no idea what a volleyball is, or how it can change your life. You live in some god forsaken place like Toms River, New Jersey. You've never seen a volleyball game outside of your Junior High school, but you know in your heart you could be a Olympic professional volleyball player. You'll love this book because it's well written with a good sense of humor. My personal favorite quote is "God never opens a window without slamming a door in your face." Ryan does a good job entertaining the reader with humor and sarcasm. To sum up: I enjoyed this book; I think you will as well. If you're looking for a book that dishes dirt on the players on the tour, this isn't it. I guess \$8 isn't enough to warrant alienating other players. If that's what you're looking for, do see "Inside the Player's Tent" by Billy Strickland. This is without a doubt the best volleyball book ever by 7 foot tall former pro baseball pitchers.

Recommended with 5 stars!

excellent job Ryan lots of humor and great tips on all ages of volleyball. diagrams needed better sizing as my windows phone was only so big. Cant wait for more fun for this Monster on the court. look forward to seeing you play live in person and improve every match

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